WEBSITES

Explore your faith with great websites on prayer and spiritual growth.

And check out the top eight Twitter handles to follow for the Catholic faith.

BOOKS

Delve into your faith with these books on spiritual growth and living your faith uniquely.

MUSIC, APPS, TWITTER

Listen to songs that form you spiritually (and actually qualify as good music!). Need faith on the go? Here are the must-have apps.

“He who goes about to reform the world must begin with himself, or he loses his labor.”

-Ignatius of Loyola
“Is there an app for faith? Can songs about faith actually qualify as good music? Can faith be...exciting?” Uhhh, yes to all three! This resource is meant for middle and high school students who are wondering how they can live out their faith in the 21st century. This guide has recommendations from books to Twitter accounts to music (we promise it’s good music too) all meant to help you live a life of faith in fresh and fun ways. Whether you’re on the go, on-line, Tweeting, exercising, studying, or hanging out with friends, this resource offers many ways to live out your faith. Check it out and be inspired!

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For me to be a saint means to be myself.
- Thomas Merton
Books for Faith Formation

**Jesus Calling: 365 Devotions for Kids** by Sarah Young

Daily devotion written for 6th-7th graders. Good guide for encountering Jesus directly.

**Friendship is born at that moment when one person says to another, “What! You too? I thought I was the only one.”**

-C.S. Lewis

**Jesus Calling: Enjoy Peace in His Presence** by Sarah Young

Daily devotion written for teens. Hear Jesus’ call and live it exactly where you are!

**Tweet Inspiration: Faith in 140 Characters (or Less)** by Mark Hart

Great ideas on how to spread and live the faith w/ social media.

**Wonder** by R.J. Palacio

Story of a community’s struggle with acceptance and empathy when a boy with a facial difference attends school.
Books for Faith Formation

Day by Day: The Notre Dame Prayer Book for Students

An updated edition that offers classic prayers and quotes to help students come before God.

The love of neighbor in all its fullness simply means being able to say, “What are you going through?”
-Simone Weil

YOU CAT

Covers everything about the Catholic faith: belief, sacraments, moral life, and prayer. And it’s filled with great quotes and pics.

What Makes Us Catholic: Eight Gifts for Life by Thomas Groome

Wondering how to live your faith imaginatively? Groome points to 8 Catholic features as an answer.

Ablaze: Stories of Daring Teen Saints by Colleen Swaim

Follow 8 young men and women who lived with the fire of the Holy Spirit in their own unique ways.
Books for Faith Formation

Hinds’ Feet on High Places by Hannah Hurnard

An allegory about Much-Afraid, an every-woman looking for God to guide her to a higher place.

The thing is to stalk your calling in a certain skilled and supple way, to locate the most tender and live spot and plug into that pulse.

-Annie Dillard

But I Have Called You Friends by Mother Mary Francis

Inspirational read on the demands and joys of living the vocation of friendship.

The Rhythm of Life by Matthew Kelly

Matthew Kelly encourages you to discover your deepest desires and live a passionate life.

A Friendship Like No Other by William Barry

Jesus wants to be our close friend! This book offers practices to build this friendship.
Books for Faith Formation

Never be afraid of loving the Blessed Virgin too much. You can never love her more than Jesus did.
-St. Maximilian Kolbe

The Crown and the Fire by N.T. Wright
For high schoolers, this is a great series of meditations on Jesus’ life, death, and resurrection.

The Complete Stories by Flannery O’Conner
For high schoolers, experience faith’s shock and surprise in these short stories.

The Chronicles of Narnia by C.S. Lewis
Travel through the enchanting land of Narnia and be changed by Aslan.

The Lord of the Rings by J.R.R. Tolkien
Follow Frodo in his quest to destroy the One Ring. Filled with Catholic imagery & inspiration.
Books for Faith Formation

Outlaws of Ravenhurst by M. Imelda Wallace

A story of the persecution of Scottish Catholics and what it means to be a virtuous Catholic.

The Bronze Bow by Elizabeth George Speare

Story of an 18-year-old in 1st century Israel whose desire to fight Rome is challenged by a humble carpenter.

A Wrinkle in Time by Madeleine L’Engle

Follow Meg, Charles, and Calvinadventuring through space and time in search of Meg’s father.

St. George and the Dragon by Mark Lotti

Marcellus has to make a choice between a wealthy, militaristic life & a humble, Christian one.

Creation was formed through Love.
-St. Hildegar de Bingen
**MUSIC**

Matthew West  
“Day One”

Matt Maher  
“Empty & Beautiful”

Danielle Rose  
“Culture of Life”

The Oh Hellos  
“Through the Deep, Dark Valley”

JJ Heller  
“Painted Red”

Chris Tomlin  
“Passion Awakening”

10th Avenue North  
“Cathedrals”

Needtobreathe  
“The Reckoning”

**APPS**

**Missio**  
From the Vatican, this keeps you updated on global Catholic news.

**Laudate**  
Extensive resource for prayers, readings, and reflections.

**JesuitPrayer**  
One-stop shop for Ignatian Spirituality on the go.
**MUSIC**

- **Jars of Clay**
  - “20”

- **Switchfoot**
  - “Fading West”

- **John Angotti**
  - “Extraordinary Love”

- **Sara Groves**
  - “Invisible Empires”

- **Coldplay**
  - “Ghost Stories”

- **Tom Booth**
  - “Captured”

- **Steven Curtis Chapman**
  - “The Glorious Unfolding”

- **Paul Melley**
  - “Humbled”

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**APPS**

- **Pray As You Go**
  - Daily prayer sessions (10-30 min) w/ music, reflection, & scripture.

- **iMissal**
  - Daily readings, daily Bible verses, and resource for prayers.

- **Confession**
  - Great aid for preparing for sacrament of reconciliation.
### Twitter Accounts for Faith Formation

<table>
<thead>
<tr>
<th>Name</th>
<th>Recent Tweet</th>
<th>Twitter Bio</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pope Francis @Pontifex</td>
<td>Having faith does not mean having no difficulties, but having the strength to face them, knowing we are not alone.</td>
<td>Welcome to the official Twitter page of His Holiness Pope Francis.</td>
</tr>
<tr>
<td>LoyolaPress @loyolapress</td>
<td>3 minutes of prayer, 24 hours of peace: trib.al/n4WfS7c #3MinuteRetreat</td>
<td>A #Jesuit ministry that helps deepen your relationship with God.</td>
</tr>
<tr>
<td>Pray as you go @prayasugo</td>
<td>Prayerfully reflect on the #poetry of Gerard Manley Hopkins SJ: ow.ly/laabg #AMDG</td>
<td>Pray-as-you-go is a daily prayer session to help you pray in the midst of a busy life.</td>
</tr>
<tr>
<td>The Jesuit Post @TheJesuitPost</td>
<td>J the B followed Christ before it was cool. He was even promoting Jesus back when they were both in the womb. Beat that.</td>
<td>Faith that does relevance. Articles, news and random fun heard in and around the TJP newsroom.</td>
</tr>
<tr>
<td>USCCB @USCCB</td>
<td>It’s the feast of St. Blaise, who is known for curing throat ailments. If you go to Mass you... <a href="http://t.co/52OnXfpDXI">http://t.co/52OnXfpDXI</a></td>
<td>Supporting the ministry of Catholic bishops. Striving to promote the greater good which the Church offers humankind.</td>
</tr>
<tr>
<td>Catholic Relief @CatholicRelief</td>
<td>How did a young farmer from Illinois end up helping farmers in East Africa? Like this: <a href="http://t.co/gGHhpuEXgx">http://t.co/gGHhpuEXgx</a></td>
<td>Catholic Relief Services is the official internat'l humanitarian agency of the US Catholic Community.</td>
</tr>
</tbody>
</table>

Recent Tweet: It’s the feast of St. Blaise, who is known for curing throat ailments. If you go to Mass you... http://t.co/52OnXfpDXI
Accepting the Embrace of God: The Ancient Art of Lectio Divina

Lectio Divina is a slow, contemplative prayer of Scripture. This website provides a tutorial on how to do this prayer which began with the 6th century Benedictine monastics.

How Can I fear a God who is nothing but mercy and love?
-St. Therese of Lisieux

Hate cannot drive out hate; only love can do that.
-Martin Luther King Jr.

Websites for Faith Formation

AmericanCatholic.org
This website is a great resource for prayers, videos, and audio retreats. It’s also worth checking out the “Daily Features,” which include Saint of the Day, Minute Mediations, an the Daily Catholic Question.
ChurchYear.Net
Need prayers for Advent? Lent? Pentecost? Ordinary time? ChurchYear.Net has you covered. It was started by twin brothers after they graduated from theology programs so people could be accurately informed about the liturgical year.

It always seems impossible until it’s done.
-Nelson Mandela

FaithND
FaithND invites you to deeply know, love, and serve God in the spirit of the Congregation of Holy Cross. There are quick links for Gospel Reading, Daily Reflection, and Today’s Prayer.

Live good lives, and you yourselves will be his praise.
-St. Augustine
**Artists & Poets**

Starting from the top left and going clockwise:
1. **Luke Shaffer**: Orthodox monk & pop artist.
2. **Christian Wiman**: Poet, translator, and editor who writes on spiritual faith & doubt.
3. **Mary Oliver**: A transcendentalist-like poet who writes on nature and mystery.
4. **Fritz Eichenberg**: Wood-engraver whose works ranged from literature to social justice.
5. **Mary Corita Kent**: A nun who in the 60s and 70s did pop art comparable to Andy Warhol.